



**Autism Society of
Cumberland County**

Jackie Pfuntner, Editor

Calendar of Events:

- § Oct. 13 @ 5:45 pm ~
HFA Support Group at
Spainhour
- § Oct. 13 @ 6:30 pm ~
Parent Ed. Mtg. at
Spainhour
- § Oct. 14 @ 11:30 am ~
ALC Support Group at
Cracker Barrel
- § Oct. 15 @ 9:30 am ~
ABC Support Group at
McDonald's Skibo
- § Oct. 28 @ 11:00 am ~
Board of Directors Mtg.
at Omni Family Resource
Center

Board of Directors:

- President: Chris
Leacock
- Vice Pres.: Anna Finch
- Treasurer: Gwen Scott
- Secretary: Brenda
Brown

General Board Members:

- Cynthia Dr. Debra
Billops Gillum
- Cathy
Howell

**Director of Programs and
Outreach**

Jackie Pfuntner

**Program and Outreach
Assistant**

Jennifer Cashwell

Monthly Parent Education Program

Sam Fleishman, M.D.
Cape Fear Valley Sleep Center

Will Present

***Sleep Disorders in
Individuals with Autism***

**Discussion will include
information about:**

- ◆ Basic sleep patterns of
human beings
- ◆ Sleep Disorders associated
with Autism
- ◆ Different types of insomnia
- ◆ Behavioral treatments for
insomnia.

Join us October 13, 2008
at 6:30 pm at the
Dorothy Spainhour Center
223 Hull Road, Fayetteville, NC



For your convenience, free respite care is available on site through Community Based Developmental Services. Contact Cynthia Billops at least 24 hours prior to reserve your space at 488-5820/ 488-4584. You may leave a message to reserve your space; you will not receive a return phone call.

Senator Rand Receives Award

Senator Tony Rand was presented the Autism Society of North Carolina Legislator of the Year Award at the September 8 Parent Education Meeting. The Autism Society of North Carolina Board President, Whitney Jones presented Senator Rand this award. We were excited about having the opportunity to participate with the Autism Society of North Carolina in the presentation of this award.

Senator Rand has been a strong advocate for individuals with autism and their families for many years. Many parents and several special guests were in attendance including: Mrs. Karen Rand, Representative Margaret Dickson, Dr. Steve Kroupa, Fayetteville TEACCH Center, Eva Hansen, Partnership for Children of Cumberland County, and Hank Debnam, Cumberland County Mental Health Center. Several other guests from the Autism Society of North Carolina included: Tracey Sheriff, Maureen Morrell, Denise Ferguson, Regina Black, Kerri Erb, Susie Gaylord, Mary Lanier and Sharonda Ferguson.





Support Groups

ASCC Monthly Support Groups are open to parents, professionals, and anyone else who wishes to attend. Our support groups are a great place to network with other parents and share your ideas or concerns. Find a support group meeting to fit your busy schedule.

The **Autism Breakfast Club** (ABC) Support Group will meet **Wednesday, Oct. 15** at 9:30 a.m. at McDonald's on Skibo. This group is for parents of ages pre-school—elementary with autism.

The **Autism Lunch Club** (ALC) Support Group will meet **Tuesday, Oct. 14** at 11:30 a.m. at Cracker Barrel. This group is for parents of ages middle school—adults with autism.

The **High Functioning Autism** (HFA) Support Group will meet **Monday, Oct. 13** at 5:45 pm at Dorothy Spainhour Center. This group is for parents of individuals with high-functioning autism/aspergers.

Greek Festival

A big thank you to **Sandra Surles** for coordinating volunteers again this year for the GREEK FESTIVAL!

Thank you to the following Greek Festival Volunteers: Pat Koppang, Quincy and Cynthia Billops, Michael Carroll, Marsha Pittman, Jan and Sara Endres, Iris Peters, April, David, and Matthew Kumm, Ralph and Jessica Langdon, Sandy Turner, Joyce Evans, Darlene Finley, Steve, Laura, and Logan Savage, Austin Gillum, Helen and Nino Espinoza, Vicki Britton, Elaine Bishop, Shirley Francis, and Chris and Desiree Leacock.

Autism Society of North Carolina Autism Ribbon Run



The **10th annual Autism Ribbon Run** will be held on **Saturday, October 11**. Come join a festive morning of running, walking, live band, door prizes, runners' awards and kid's play area. All activities will be centered in Moore Square. The running/walking events include a **5K race** (chip timed for the serious runners), **1 Mile Fun Run** and a **Tot Trot** for children 6 and under.

Money raised from this event supports the programs and services provided by the Autism Society of North Carolina for the 50,000 North Carolinians who live with autism spectrum disorder. You make a huge difference in their lives!

For more information visit the ASNC website at www.autismsociety-nc.org or call Nancy Huber at 800-442-2762 or email at nhuber@autismsociety-nc.org.

Raffle Drawing to Support Camp Sunshine

The ASCC held the drawing at the monthly parent education meeting on September 8 at the Dorothy Spainhour Center. Thank you to all who participated! Congratulations to our winners:

1st Prize Grill: Heather Herbert

2nd Prize Printer/Fax/Copier: Katie Rhetta

3rd Prize \$100 Cash: Dr. Debra Gillum



Upcoming Parent Education Meeting Topics:

| | | | |
|-------------------|--|------------------|--|
| November 10, 2008 | <i>ABA for Children with Autism</i> Apple Boyce, M.A., BCBA Priorities ABA, PLLC | February 9, 2009 | TBA |
| | | March 9, 2009 | TBA |
| January 12, 2009 | <i>Equine Assisted Psychotherapy for Individuals with Autism</i> Heather Wilkerson, MSW, LCSW Hope-thru-Horses, Inc. | April 6, 2009 | <i>Taking Autism to the Doctor</i> Lisa Townsend Parent Advocate, ASNC |
| | | May 11, 2009 | TBA |

Benefit to Support Autism Society of Cumberland County:

DJ's On the Go

presents

Rocking to the Oldies Party

Come out for a night of fun at
the Veterans of Foreign Wars (V.F.W)
on Doc Bennett Rd.

Saturday, October 18 from 9pm - 1am

Cost is \$25 per person

Cash bar and dancing available

Music from the 50s, 60s, 70s, and 80s

For tickets or more information:

Charles Perry or Jody Perry at

910-339-4202

Cperry5618@aol.com

Jodyperry582@yahoo.com

All proceeds to benefit the Autism Society of Cumberland County

Tickets will be sold at the door while they last however pre-paid tickets are guaranteed entry!

Volunteer Appreciation

The Autism Society of Cumberland County would like to extend a warm thank you to **Sandy Riopel** for her countless hours of volunteer efforts towards the ASCC website and logo creation. We are so very grateful for all of her hard work to improve the ASCC's image. **Thank you Sandy!**

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E-mail: autismcc@ccpfc.org
Web: www.autismcc.org

Winner of the Autism Society of
North Carolina affiliate of the Year
Award—1996, 2002, & 2003

Supporting Individuals Within The Autism Spectrum



The Autism Society of Cumberland County is an affiliate of the Autism Society of North Carolina

Mission Statement

The Autism Society of Cumberland County is committed to providing support and promoting opportunities which enhance the lives of individuals within the autism spectrum and their families.

Vision Statement

The Autism Society of Cumberland County strives to create a community where people within the autism spectrum and their families receive respect, services, and supports based on individual differences, needs, and preferences.

Funded In Part By:



Donations

Please remember the ASCC with your **tax-deductible** charitable contribution!

Checks should be made payable to:

Autism Society of Cumberland County
PO Box 35600
Fayetteville, NC 28303

Name _____

Address _____

Amount of Contribution _____

The Nicholas Fasul Finch Autism Fund was established in 1998 by Hank and Anna Fasul Finch, in honor of their son Nicholas. The fund is a donor advised fund of the Cumberland Community Foundation and was created for the purpose of supporting programs and services for individuals with autism in the Cumberland County area. All contributions are tax-deductible to the extent allowed by law.

Checks should be made payable to:

Cumberland Community Foundation
PO Box 2345
Fayetteville, NC 28302-2345

***Please write "For the Nicholas F. Finch Autism Fund" on your check.**