

**Autism Society of
Cumberland County**

Jackie Pfunter, Editor

Calendar of Events:

- § Feb. 8 @ 5:45 pm ~ HFA
Support Group at
Spainhour
- § Feb. 8 @ 6:30 pm ~
Parent Ed. Mtg at
Spainhour
- § Feb. 9 @ 11:30 am ~
ALC Support Group at
Spinner's Pizza
- § Feb. 17 @ 9:30 am ~
ABC Support Group at
Ckick-Fil-A on Skibo
- § Feb. 23 @ 11:00 am ~
Board of Directors Mtg.
at Omni Family Resource

Board of Directors:

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Treasurer: Gwen Scott
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**Director of Programs and
Outreach**

Jackie Pfunter

**Program and Outreach
Assistant**

Jennifer Cashwell

Monthly Parent Education Program

Deborah Gray,

Support Teacher, Wake County Schools

Will Present

Toilet Training 101: Children with Autism

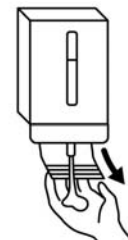
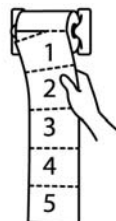
February 8, 2010 at 6:30 pm

Dorothy Spainhour Center,

223 Hull Road, Fayetteville, NC

Presentation will include information about:

- ◆ The primary goals for designing and implementing a toilet training program
- ◆ How to design and implement a toilet training program based on individual needs of a child
- ◆ How to program for specific issues that can arise when toilet training a child with autism
- ◆ Practical ideas to help design a toilet training program to help individual children be successful



For your convenience, free respite care is available on site through Community Based Developmental Services. Contact Cynthia Billops at least 24 hours prior to reserve your space at 488-5820/ 488-4584. You may leave a message to reserve your space; you will not receive a return phone call.

Save The Dates:

Vera Bradley Bingo for Autism Awareness

April 16, 2010 @ St. Pat's Church, 6 pm

4th Annual Autism Awareness Golf Invitational

June 5, 2010 @ Cypress Lakes Golf Course, 8 am



Family Corner:

“No. No, Thank You”

By: Catherine Pollard

Support Groups

ASCC Monthly Support Groups are open to parents, professionals, and anyone else who wishes to attend. Our support groups are a great place to network with other parents and share your ideas or concerns. Find a support group meeting to fit your busy schedule.

The **Autism Breakfast Club** (ABC) Support Group will meet **Wednesday, Feb. 17** at 9:30 a.m. at Chick-Fil-A on Skibo. This group is for parents of ages pre-school—elementary with autism.

The **Autism Lunch Club** (ALC) Support Group will meet **Tuesday, Feb. 9** at 11:30 am at Spinner’s Pizza This group is for parents of ages middle school—adults with autism.

The **High Functioning Autism** (HFA) Support Group will meet **Monday Feb. 8** at 5:45 pm at Dorothy Spainhour. This group is for parents of individuals with high-functioning autism/aspergers.



My bright, beautiful, and loving six-year old grand-daughter, Catherine Jane, whom we call “CJ,” has autism. One of the earliest indications of her autism was delayed speech. As CJ slowly developed communication skills, she began to quote entire sections of dialogue from movies that she viewed. However, it has taken longer for her to express her thoughts using her own words.

So we were quite pleased when she began to respond to situations with which she did not agree with a firm “No. No, thank you.” We have encountered some interesting and often humorous situations when she has used this response.

For example, when my husband and his brother visited my daughter, Mary, she called to CJ saying that someone had come to see her. CJ called back hopefully, “Gramme?” Mary said, “No, it’s Grandpa and Uncle Robert.” CJ quickly responded, “No. No, thank you,” expressing her preference with whom she wanted to play that day.

Ever since she was a toddler, CJ has objected in the strongest ways, which usually included kicking and screaming, when her pediatrician needed to examine her ears. This summer while we were on vacation, CJ began saying that her ear hurt. After Grandpa, who is a doctor, checked her throat and indicated it was time for him to look in her ear, she looked at Grandpa and said, “No. No, thank you.” No matter how uncomfortable she was, she definitely did not want to have that otoscope in her ear, and she “used her words” to express that fact to Grandpa.

More recently, my daughter decided to try to reduce the fat content in CJ’s diet by preparing lower-fat turkey dogs instead of regular hot dogs. When the turkey dog was served, CJ leaned over, took one sniff, and dismissed the turkey dog with a simple, “No. No, thank you,” and a more descriptive, “Ewww.” It was obvious CJ, like all of us, has her own set of standards, especially where hot dogs are concerned.

All of us who love CJ are delighted that she is expressing her thoughts in her own words, and we enjoy hearing the unique and interesting ways that she phrases those thoughts.

Camp Sunshine Employment Applications:

In an attempt to decrease mailing expenses, we are not mass mailing employment applications for Camp Sunshine. We will be mailing applications late February to Teachers of self-contained autism classrooms. We will also be mailing applications to past employees. If you are a past employee, and have a new address, please notify the office as soon as possible. If you do not fall into the categories listed above & are interested in working for the Autism Society of Cumberland County at Camp Sunshine this summer, please call the office at 826-3004 to request an employment application or e-mail us at autismcc@ccpfc.org. Qualifications required for employment are at least a high school diploma or GED and be 18 years of age. Experience with individuals with developmental disabilities and/or behavioral/emotional disabilities is preferred but not required. (Exceptions are made for students in the college internship program and high school graduating seniors.)



Thank you to the following list of volunteers who provided support to the ASCC between October–December 2009.

Gwen Scott	Mary Potter	Nicole Vickers
Cynthia Billops	Anna Finch	Anita Hill
Lejuan Jones	Sandra and Misty Surlis	Theresa Thomas
Chris Leacock	Lydia Short	Karl and April Kumm
Debra Gillum	Carrie Boone	Sandra Turner
Valarie McCants	Stevie Gregory	

Thank you to the following list of donors who made financial contributions to the ASCC between October–December 2009.

Mr. and Mrs. Tildon Downing	Dr. and Mrs. James Hall
Knights of Columbus, Cardinal Gibbons Council 2838	Saints Constantine & Helen Orthodox Church
Partnership for Children of Cumberland County	Ms. Marsha B. Crowder
Greek Orthodox Ladies Philoptochos Adelphotis Society	Mr. and Mrs. George Dais
Cape Fear Classics, Inc	Ms. Grace Roman

Equine-Assisted Psychotherapy

Susie Gaylord, MSW, LCSW, combines psychotherapy and horses to help people with Asperger Syndrome/High Functioning Autism

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Autism Empowerment Program at Elite Training Center, 129 Hay Street:

This is a 6 month program for children with autism. Starting in February there will be one class per week. Classes will be limited to 8 children per class. The cost is \$80 per month. Financial scholarships may be available.

Young Ninja curriculum, ages 6-11 will meet on Fridays at 3pm

Ninja X curriculum, ages 12-16 will meet on Fridays at 4pm

Location for classes is: Elite Training Center, 129 Hay St.

For more information call 910-488-1021 or visit the ETC website at www.etcnc.info.

You can expect your youth to learn:

Self discipline	Respect for self and others
Conflict resolution skills	Increased self confidence
Leadership skills	Anti-bullying techniques
Anger management	Natural weight loss
Increased awareness	Increased positive attitude
Sense of purpose	Compassion for others
Cause and effect dynamics	
Increased strength and flexibility	
Practical and effective self protection	
Increased social awareness and sociability	



351 Wagoner Drive, Suite 410
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Tel: 910-826-3004/3005
Fax: 910-868-5881
E-mail: autismcc@ccpfc.org
Web: www.autismcc.org

Winner of the Autism Society of
North Carolina affiliate of the Year
Award—1996, 2002, & 2003

Return Service Requested

Supporting Individuals Within The Autism Spectrum



The Autism Society of Cumberland County is an affiliate of the Autism Society of North Carolina

Mission Statement

The Autism Society of Cumberland County is committed to providing support and promoting opportunities which enhance the lives of individuals within the autism spectrum and their families.

Vision Statement

The Autism Society of Cumberland County strives to create a community where people within the autism spectrum and their families receive respect, services, and supports based on individual differences, needs, and preferences.

Funded In Part By:



Donations

Please remember the ASCC with your **tax-deductible** charitable contribution!
Checks should be made payable to:

Autism Society of Cumberland County
PO Box 35600
Fayetteville, NC 28303

Name _____

Address _____

Amount of Contribution _____

Disclaimer: The Autism Society of Cumberland County does not take any position regarding studies of ASD, nor endorse any particular form of treatment, intervention, or therapy. This newsletter allows us to pass along current information in the field of ASD to our families and organization members.

